

## Cornell Notes Activity

TED Talk:

[https://www.ted.com/talks/chloe\\_valdary\\_how\\_to\\_use\\_love\\_to\\_repair\\_social\\_in\\_equality#t-1060965](https://www.ted.com/talks/chloe_valdary_how_to_use_love_to_repair_social_in_equality#t-1060965)

This technique would definitely help me recall the main points of this TED Talk. I prefer underlined topic headings for my key points, but used colour to key them to the content of the lecture.

How to use love to repair society	TED Talk	Chloe Valdary	7/23/20
<u>Theory</u> - social emotional learning program	<u>Theory of Enchantment</u> <ul style="list-style-type: none"><li>↳ Social-emotional learning program<ul style="list-style-type: none"><li>↳ character</li><li>↳ tools for resiliency</li><li>↳ how to love oneself</li></ul></li><li>↳ Disney, hip hop etc. as teaching tools</li></ul>		
<u>Purpose</u> - heal nation using pop culture	<u>History of Concept</u> <ul style="list-style-type: none"><li>↳ grad school</li><li>↳ work at Wall Street Journal</li><li>↳ worked on the theory → teaching people how to love</li></ul>		
<u>History</u> - Thesis meets journalism job at Wall Street Journal	<u>How?</u> - What do people already love? <ul style="list-style-type: none"><li>- Pop culture to investigate what we're in love with</li><li>- Started studying <u>common denominators</u></li></ul>		
<u>Themes</u> in pop culture - we see ourselves and want to improve.	Content where we see ourselves. <ul style="list-style-type: none"><li>eg. Nike - overcome obstacles</li><li>Disney - metaphor for human condition → victory</li><li>Beyonce - we see our potential</li></ul>		
<u>3 keys</u> - <ul style="list-style-type: none"><li>① no stereotypes</li><li>② criticise to uplift</li><li>③ Root everything in love</li></ul>	<u>Concept of Enchantment</u> - we want to become enchanted with each other <ul style="list-style-type: none"><li>↳ Reflected/Lectured/Refined - created guideposts to heal nation</li><li>① Treat people like human beings, not pol. abstractions</li><li>② Criticise to uplift</li><li>③ Root everything you do in love and compassion</li></ul>		
<u>Summary</u>	Chloe Valdary shares a theory called the Theory of Enchantment. Based on the aspirations imbedded in pop culture, we can learn to see ourselves & each other positively treating each other humanly with love.		