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| Topic/Objective: 5 ways to listen better | Julian Treasure  (TED Talk by Julian Treasure July 29, 2011) | Name: Radica Bissoondial |
| Class/Period: Introduction |
| Date: September 20, 2020 |

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| Essential Question: How to listen better? |

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| Questions:  How are we losing our listening?  How does each identified filter impact listening?  Strategies to increase effective listening correlation? | Notes:   * Listening = making meaning from sound * Patterns to distinguish noise * Many filters that allow us to pay attention to sound * Filters – culture, language, values, beliefs, attitudes, expectations, intentions * Intention of listening IMPORTANT in sound interpretation * Time is the flow of listening or Listening is the flow of time * Losing listening because:   + Recording   + World is noisy   + Headphones   + Impatience   + Social media/connected * Listening leads to understanding * Ways to increase listening (activities):   + Silence – 3 minutes per day; recalibrate your ears/listening   + Mixer – separate channels of noise around you (improve quality of listening)   + Savoring – enjoying mundane sounds   + Listening positions     - Active/passive; reductive/expansive; critical/empathetic   + RASA – receive, appreciate, summarize, ask   + Teach listening schools   + Conscious listening – world of connections, understanding, peace |

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| Summary: Humans are losing listening by the noise around us. Listening can be increased and does get better with filters. There are ways to increase listening; one great tool is RASA. This can be translated to classroom and retention will be better. |