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| Topic/Objective: 5 ways to listen better | Julian Treasure(TED Talk by Julian Treasure July 29, 2011) | Name: Radica Bissoondial |
| Class/Period: Introduction |
| Date: September 20, 2020 |

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| Essential Question: How to listen better?  |

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| Questions:How are we losing our listening?How does each identified filter impact listening?Strategies to increase effective listening correlation? | Notes: * Listening = making meaning from sound
* Patterns to distinguish noise
* Many filters that allow us to pay attention to sound
* Filters – culture, language, values, beliefs, attitudes, expectations, intentions
* Intention of listening IMPORTANT in sound interpretation
* Time is the flow of listening or Listening is the flow of time
* Losing listening because:
	+ Recording
	+ World is noisy
	+ Headphones
	+ Impatience
	+ Social media/connected
* Listening leads to understanding
* Ways to increase listening (activities):
	+ Silence – 3 minutes per day; recalibrate your ears/listening
	+ Mixer – separate channels of noise around you (improve quality of listening)
	+ Savoring – enjoying mundane sounds
	+ Listening positions
		- Active/passive; reductive/expansive; critical/empathetic
	+ RASA – receive, appreciate, summarize, ask
	+ Teach listening schools
	+ Conscious listening – world of connections, understanding, peace
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| Summary: Humans are losing listening by the noise around us. Listening can be increased and does get better with filters. There are ways to increase listening; one great tool is RASA. This can be translated to classroom and retention will be better. |