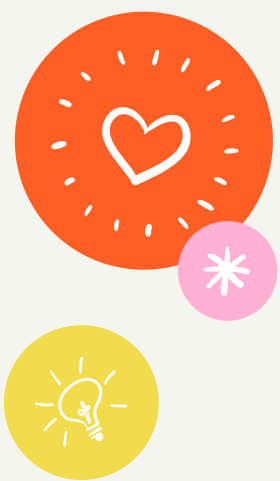


The Benefits of

STUDY SHEETS



I love study sheets. They've been drilled into my head as a useful resource since high school. When I was teaching Pre-health Biology, I gave students the option of creating a study sheet of the unit and submitting it for marks as an alternative to completing a unit quiz. The students that chose this option generally did better overall than those that did the quiz. Quizzes were the default, since so much of the course evaluation was tied to tests. But if a student approached me because they were struggling, I would remind them of the study sheet option. Quizzes are great for those that are confident test takers and are short on time, but creating a study sheet helps them to review the course material shortly after learning it, and then also having it as a resource later on in the course.

If students are encouraged to create a study sheet using all of the materials available to them, it accomplishes several things:



THEY ACTUALLY REVIEW THE COURSE MATERIAL

THEY THINK ABOUT THE COURSE MATERIAL



THEY LEARN WHAT THEY ALREADY KNOW

THEY LEARN WHAT THEY DON'T KNOW



THEY ARE MORE PREPARED (MOST TIMES) FOR THE TEST

THEY ARE MORE CONFIDENT AND FEEL LESS ANXIOUS ABOUT THE EXAM BECAUSE THEY HAVE SOMETHING TO REFER TO IF THEY REQUIRE HELP



HOW TO

How to create a successful study guide

<https://www.herzing.edu/blog/how-to-create-successful-study-guide>