

## Curation Creation

Rochelle Hughes

### Rochelle Hughes: Goal Setting

+

Anonymous 1m

**"SMART Goal Setting" by Rob Harrison**

This is an interactive activity that helps individuals create SMART goals and then they can export the goal to be used in an assignment or for personal use. I personally do have an assessment where students have to come up with 5 SMART goals of their own and this tool could be really useful for providing students with the exact guideline on how to start and successfully set their goals. It is also a tool they could save and use in the future to set goals.

I found this OER using eCampusOntario H5P Studio

<https://h5pstudio.ecampusontario.ca/content/13664>

"SMART goals help you achieve success" by Ann Chastain

This article provides a great overview on SMART goals and what they encompass. The only thing that is missing is examples of SMART goals but I really like how well laid out the definitions are here and the questions asked.

I found this OER using MERLOT.

[https://www.canr.msu.edu/news/smart\\_goals\\_help\\_you\\_achieve\\_success](https://www.canr.msu.edu/news/smart_goals_help_you_achieve_success)

Anonymous 1m

**"Why the secret to success is setting the right goals" by John Doerr**

This video resource is really thought provoking on how important the "why" is with regards to goal setting. It also gives a good perspective on another way to set goals and using OKRs.

I found this OER using OASIS.

[https://www.ted.com/talks/john\\_doerr\\_why\\_the\\_secret\\_to\\_success\\_is\\_setting\\_the\\_right\\_goals#t-696432](https://www.ted.com/talks/john_doerr_why_the_secret_to_success_is_setting_the_right_goals#t-696432)