

They have no choice.

Fear of failing or not meeting expectations.
Anxious that they won't know what to say as counsellor

Fear of being judged by classmates and instructor

Other classmates seeming more relaxed

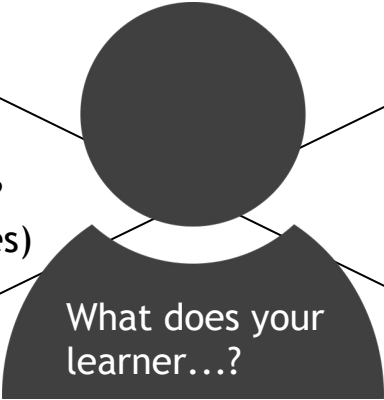
Think and Feel? (preoccupations)

Others in the class also dislike it

Hear? (influences)

See? (environment)

Their own appearances.



What does your learner...?

Avoid the exercise

Say and Do? (behaviour)

I am terrible at this...
I don't know what to say...
I hate this...

They are self-conscious
They make excuses for leaving camera off

Pain Points?

Avoid the role play
Don't take risks
Are not open to seeing that they are learners

They get use to the role play and they improve their skills

Gain Points?

They get to know each other and feel more comfortable
They learn to give each other valuable feedback