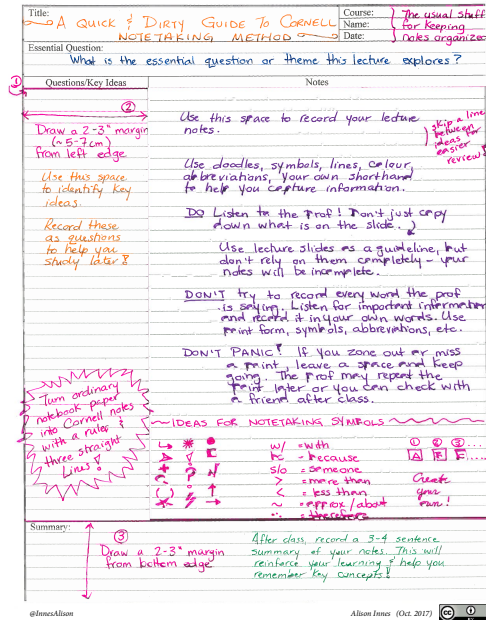


Module 1: Teacher for Learning

Activity #3 Cornell Note Taking

(1) A short educational video on Patient Education, (2) My own practice with note taking using Cornell Notes, and (3) A brief reflection about my process and possible applications in practice.



**Cornell Notes
Notetaking Guideline**

1. Patient Education – Implementing, Evaluating Understanding, & Methods – *Lecturio Nursing. 8 minutes 13 seconds*

YouTube URL: <https://www.youtube.com/watch?v=mx66NPHAYuc>



**Fundamentals of
Nursing Theory:
Patient Education**

Module 1: Teacher for Learning

2. Cornell Notes

<p>Title: Fundamentals of Nursing Theory: Patient Education – Implementing, Evaluating Understanding, & Methods – Lecturio Nursing</p> <p>https://www.youtube.com/watch?v=mx66NPHAYuc</p>	<p>Course: Patient Education</p> <hr/> <p>Name: Keisha Henry</p> <hr/> <p>Date: September 20, 2023</p>
<p>Essential Question: What does it take for nurses to provide effective patient education?</p>	
<p>Questions/Key Ideas:</p> <p>Why does patient education matter?</p> <p>How do we provide appropriate education?</p> <p>What kind of education might patients require?</p> <p>How can nurses participate in client education?</p> <p>What information is considered appropriate?</p> <p>How do we assess readiness to learn?</p> <p>What do I need to promote positive and effective health-teaching?</p> <p>Health-Teaching re: stroke → signs & symptoms, when to call 911, how to document that you've provided health-teaching</p>	<p>Notes:</p> <p>Patient education increases patient compliance</p> <p>Client Education – why do we care?</p> <ul style="list-style-type: none"> - Informed decision-making i.e., benefits vs risks to treatment - Helps patients engage in their own care, i.e., treatment compliance - Reducing injuries such as falls & patient satisfaction - Good communication <p>Nurses</p> <ul style="list-style-type: none"> - Promoting excellence - Supporting programs - Ethical responsibility to teach clients - Information is accurate, complete & relevant - Identify what clients need <p>Readiness to Learn</p> <ul style="list-style-type: none"> - Motivation to learn - Ability to learn (required assistance) <p>Positive Learning Environments</p> <ul style="list-style-type: none"> - Lights, warmth, technology access, quiet, privacy, required resources <p>Evaluate Learning</p> <ol style="list-style-type: none"> 1. Teach Back Method (gold standard) (i.e., return demo on injection pre-discharge) 2. Client Learning Styles/Preferences (virtual, in-person etc.) 3. Various Resources <p>Teaching is interactive</p> <ul style="list-style-type: none"> - Interpersonal communication - Learners needs in mind

Module 1: Teacher for Learning

Summary:

Providing patient education is important because it increases a patient's ability and willingness to comply to treatment. Providing health-teaching allows patients to make informed decisions about their care and promotes higher patient satisfaction. As nurses, it is our responsibility to provide patients with the appropriate education and ensure that information provided is evidence-based and accurate. It is also important to ensure learners have a safe, private, and comfortable space to learn. Furthermore, evaluating the effectiveness of learning is necessary to confirm that learning was successful.

3. Reflection – Process & Application

I am privileged to have had the opportunity to participate in post-secondary education where I was able to expand on my knowledge & skills in notetaking as well as the use of technology (i.e., typing fast, taking keynotes). Typically, over the years, I have adapted my own method of taking notes... as in, I just type what I hear and try to listen for key words. However, I have never used the Cornell Note-Taking method.

I find the Cornell-Note Taking template useful because it keeps everything together. The course, the title, contact info, the main questions/ideas, and then our own notes are all essential components of efficient notetaking. The part I found the most beneficial was the summary. I've never thought about creating a few sentences to summarize the key points *during* notetaking. This was helpful because while I was writing each sentence, I was arranging the information in the same way I arranged the key points. This made it easier for me to understand the benefits of patient education, as well as recall the major components required to provide effective patient education and ultimately, enhance patient compliance.