Cornell Notes

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Ted Talks - 5 Parenting Tips for Raising Resilient, Self-Reliant Kids	
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Oct 2, 2023	
	Want Kids to be happy
	are we teaching a fear of failure
	young adults are stuck between adolescence and adulthood
	'adulting'
	How do we raise self-reliant kids?
	Create an entreprenurial mindset
entreprenurial mindset is a skill	how do we teach that mindset?
that is taught	Enable the kid to take the lead - parents support (step back)
	being entrepreneurial is not genetic
give kids the space to grow,	can be taught and nurtured
learn, make mistakes	Tools: 1 - no allowance - enable them to earn their own money 2 - make the kids pay for their wants
they can learn that risks and	3 - reduce their prosperity
failure are not a big deal	4 - let them be delight directed - learn to do, not know
	5 - let them solve their own problems
make them hungry for success	

Summary: As parents, we want to protect our kids from discomfort. This is not helpful in creating resilience in kids. Give them room to lead, grow. Create a space that helps them develop the hunger, and build off skills they have previously gained.