**Like driving a car**

To me the skill that jumps out straight away is reading. We quite often take this for granted as it comes so naturally to some after a while and to those that struggled once you find it its there to stay. However, when it came to me teaching kindergarten and my own children to read, I suddenly had to stop and think. I know I know these words and sounds but why? How do I remember the language rules and the heart words? How did I learn to read?

We all learn in our own pace and some in different ways however we all start at the beginning.

We start with letter sounds, blends, and so on. Then we work on decoding and learning those heart words by memory as you cannot sound them out. It is a structured process and one you can master and then absentmindedly forget how you got there, but when new words come up you go through the same sounding out and decoding strategies as you always had before.