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| Diabetes Mr. Wayne Giles October 22-2020     |  |  | | --- | --- | | Diabetes  Normal range 120 mg/dl  Stress,  Financial issues  Lack of community-based services  Lack of Academic institutions for providing information about the risk factors  Awareness about the disease in very important | Chronic disease diabetes    Mother was diabetic at the age of 44.  Blood glucose value 200---300 mg/dl  Lack of knowledge, preventive measures, awareness. Not much community services were available at that time to provide more depth information about the risk factors for the disease.  His mother struggled a lot for financial problems, housing, better food options  She was not able to take care of herself due to financial issues as well as lack of knowledge.  Not much academic institutions and community services were available at that time.  Mother died at very early age.  Mr Wayne specialized in heart disease and keep trying to educate people how to take precautionary measures to prevent this disease.  His uncle died due to COVID 19.  He had some heart conditions and developed lung problems due to COVID 19 infection.  Black and brown community are more prone to these chronic diseases.  It is very important that people understand the preventive measures for these diseases and keep themselves healthy. |   Diabetes is a very serious disease and the main cause of heart disease. It is important that we work together to educate ourselves and our community to stay away from these chronic diseases." |