USE OF ANKI AS A STUDY TOOL

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WHAT IS ANKI?

- Anki is a flashcard system
- Used to help organize and learn large amounts of information
- uses spaced repetition algorithms (time intervals for recall) which help prevent forgetting material and committing it to memory long-term

UTILITY OF ANKI

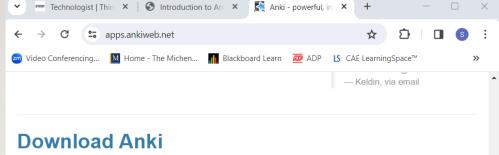
- most effective when you make your own notecards consistently
 - ideally daily and then practiced via built in reviews
- Can be used in multiple subjects
 - help with organization of concepts by subject and retention of information
- Supports the creation of flashcards with images, audio, videos and other markups
- Can produce many flashcard decks and cards
- Can share decks with others

UTILITY OF ANKI

- Ways to use it:
 - to remember:
 - Terms
 - Anatomical structures and locations
 - Functions of anatomical structures
 - Physiology principles
 - Identification in diagrams
 - ...and many more
- Study function to track learning of cards and retention

PROGRAM

- Free to download for apple and mac
- Apps for iPhone /android
- Anki-web
- add-ons for:
 - Flashcard design
 - Image occlusion for anatomy
 - Frozen field for easy reuse of images
 - Study tracking



iPhone/Android Windows Mac Linux Development

Download

Two variants are available: Qt5 vs Qt6.

Download Anki for Windows 10/11 (23.12.1 Qt6)

Download Anki for Windows 10/11 (23.12.1 Qt5)

Installation & troubleshooting guide

Change notes & older releases

Alternate download site

Alternate changes site

TERMINOLOGY

• <u>Deck:</u> Group of flashcards based on theme Can have subdecks

Decks Add	Browse		
Deck	Due	New	
- Anatomy	1	1	
- Abdomen	1	1	
Blood Vessels			
Nerves			
Organs			
Peritoneum			
- Head + Neck			
Blood vessels			
Larynx			
Lymphatics			
Muscles			
Nasal cavity			
Nerves			
Oral cavity			
Pharynx			
Triangles and compartments			
Pelvis			
- Skull			
Bones			
Cranial Nerves			
Exobase + Endobase			
Foramina			
Fossae			<u>_</u>

TERMINOLOGY

<u>Cards:</u> Flashcards

- Different types
 - <u>Basic</u> –front and back (option for reversible)
 - <u>Cloze</u> can hide works in card (fill in blank)
 - <u>Image occlusion (need add on)</u>
 - Copy and paste image into a card and can place boxes to cover what you want tested (hide all labels or hide one)
- Additional options:
 - <u>Extra field</u> can add additional pictures or PowerPoint slides to cards to remind you of lesson/learning or key points



ADDITIONAL TOOLS

- Search field to find terms
- Import or expert decks
 - Can import public decks
 - Can share decks with others
- Free account to store (sync) to all your devices - Ankiweb

PROCESS TO MAKE A DECK

• How to make a deck:

 <u>https://leananki.com/wp-content/uploads/2023/05/CleanShot-</u> 20230514211011.gif

• How to make a subdeck:

- <u>https://leananki.com/wp-content/uploads/2023/05/CleanShot-</u> 20230514211211.gif
- Can also drag an existing deck underneath another deck

CREATING CARDS

Creating a card (Use add)

 <u>https://leananki.com/wp-content/uploads/2023/05/CleanShot-</u> 20230514211722.webp

Fields in card

- https://leananki.com/wp-content/uploads/2023/05/CleanShot-20230514212244.gif
- Type of card
- Deck
- Front
- Back
- Tags (alternative to subdeck use)

CREATING CARDS

- adding images to cards:
 - https://leananki.com/wp-content/uploads/2023/05/CleanShot-20230514215103.gif

REVIEW AND STUDYING

- Click on a deck that you want to review
- When on a card, press spacebar to see answer
- When the answer appears choose from three options:
 - <u>Again</u> In less than a minute, the card will show up again
 - Good The card will show up in less than 10 minutes
 - <u>Easy</u> The card will show up after 4 days

REVIEW AND STUDYING

• Studying with cards:

- You press Again when you can't recall the answer
- You press Good when you recall the answer
- You press **Easy** when you meet two things:
 - 1) you already knew the answer a long time ago and...
 - 2) you have recalled the answer in an instant

GOLDEN RULES

- Learn first, create second
- Keep it simple -one question or one fact/answer
- Make questions unambiguous
- Try formulating "Why?" questions
- Create connections between different cards
- Avoid lists if indispensable, keep them under five items
- Enhance your cards with media

Adapted from https://www.kenhub.com/en/library/learningstrategies/how-to-learn-anatomy-with-anki

RESOURCES

- Anki (<u>https://apps.ankiweb.net/</u>)
- <u>Resources:</u>
- <u>User manual: https://docs.ankiweb.net/#/</u>
- <u>FAQ: https://faqs.ankiweb.net</u>
- Best Anki Tips & Tricks For Super Effective Studying<u>https://www.youtube.com/watch?v=YfbYM_6lioc</u>
- How to use Anki: The ultimate Beginner's guide
 - <u>https://www.youtube.com/watch?v=tufDp32VaTw</u>
- How To Use Anki: An Efficient Tutorial For Beginners-<u>https://leananki.com/how-to-use-anki-tutorial/</u>
- When to Learn with Anki https://controlaltbackspace.org/learn-when/